

|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|-------------------|--|-------------|---------------|----------|------|-----|---------------|------|---------|------------|------------|---------------|--|-------|---------|---------|
| ver.4 このレシピのエネルギー |  | 98          | kcal          | 体重の0.75乗 | 1.81 | kg  | 計算では          | 0.62 | 日分となります |            |            |               |  |       |         |         |
| 参考の表へ             |  | 1日に与えるエネルギー | 158           | kcal     | 体 重  | 2.2 | kg            | 実際は  | 1.0     | 日分とする      |            |               |  |       |         |         |
|                   |  | 12/29(sun)  | このレシピで摂取できる栄養 |          |      |     | このレシピでの推奨量 *1 |      |         | このレシピでの推奨量 | このレシピでの推奨量 | このレシピでの上限量 *2 |  |       |         |         |
|                   |  | グラム         |               |          |      |     | NRC           |      |         | AAFCO      | NRC        |               |  | AAFCO |         |         |
|                   |  |             |               |          |      |     | 体重0.75乗ベース    |      |         | 乾燥重量ベース    | 乾燥重量ベース    | 体重0.75乗ベース    |  |       | 乾燥重量ベース | 乾燥重量ベース |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |
|                   |  |             |               |          |      |     |               |      |         |            |            |               |  |       |         |         |

| アミノ酸(参考)       |      |     |            |         |         |
|----------------|------|-----|------------|---------|---------|
| このレシピで摂取できる量   |      |     | このレシピでの推奨量 |         |         |
|                |      |     | NRC        |         | AAFCO   |
|                | /DM  | mg  | 体重0.75乗ベース | 乾燥重量ベース | 乾燥重量ベース |
| イソロイシン         | 0.8% | 224 | 217        | 103     | 101     |
| ロイシン           | 1.4% | 375 | 397        | 185     | 160     |
| リジン            | 1.3% | 356 | 199        | 95      | 171     |
| メチオニン          | 0.5% | 125 | 199        | 90      |         |
| シスチン           | 0.3% | 75  |            |         |         |
| メチオニン・シスチン計    | 0.7% | 201 | 379        | 177     | 117     |
| フェニルアラニン       | 0.8% | 225 | 271        | 122     |         |
| チロシン           | 0.7% | 178 |            |         |         |
| フェニルアラニン・チロシン計 | 1.5% | 403 | 434        | 201     | 198     |
| スレオニン          | 0.8% | 208 | 253        | 117     | 130     |
| トリプトファン        | 0.2% | 67  | 83         | 38      | 43      |
| バリン            | 1.0% | 266 | 289        | 133     | 106     |
| ヒスチジン          | 0.9% | 231 | 112        | 52      | 49      |
| アルギニン          | 1.1% | 303 | 199        | 95      | 139     |

| アミノ酸スコア(参考)    |     |               |            |             |                 |             |
|----------------|-----|---------------|------------|-------------|-----------------|-------------|
| このレシピで摂取できる量   |     | 窒素1gあたりのアミノ酸量 | 算定用評点ボタン   |             | アミノ酸スコアを計算する(%) |             |
|                |     |               | 1973年(一般用) | 1985年(2-5歳) | 1973年(一般用)      | 1985年(2-5歳) |
| (mg)           |     |               |            |             |                 |             |
| イソロイシン         | 224 | 271           | 250        | 180         | 108             | 150         |
| ロイシン           | 375 | 452           | 440        | 410         | 103             | 110         |
| リジン            | 356 | 429           | 340        | 360         | 126             | 119         |
| メチオニン・シスチン計    | 201 | 242           | 220        | 160         | 110             | 151         |
| フェニルアラニン・チロシン計 | 403 | 486           | 380        | 390         | 128             | 125         |
| スレオニン          | 208 | 251           | 250        | 210         | 100             | 120         |
| トリプトファン        | 67  | 81            | 60         | 70          | 135             | 116         |
| バリン            | 266 | 321           | 310        | 220         | 104             | 146         |
| ヒスチジン          | 231 | 279           | -          | 120         | -               | 232         |
| 全窒素量(g)        | 0.8 |               |            |             |                 |             |

